Society of Behavioral Sleep Medicine Accredited Training Programs

Brown University, Warren Alpert Medical School
Psychiatry and Human Behavior
146 West River Street, Suite 11A, Providence, RI 02904
Phone: 401-793-3214
Type of Program: Pre-doctoral or Doctoral Training Program
Program Director: Jared Minkel, PhD

Cincinnati Children's Hospital Medical Center
Pediatrics Behavioral Medicine and Clinical Psychology and Pulmonary Medicine
Address: Children's Hospital Medical Center BMCP, ML 3015, 3333 Burnet Avenue, Cincinnati, OH 45220-3039
Program Director: Kelly C Byars, CBSM ABPP
Phone: 513-636-7726
Email: Kelly.Byars@cchmc.org

Program Web Address:
Residency: http://www.cincinnatichildrens.org/education/clinical/specialty/sub-res/beh-med/default/
BSM
Program/Rotation: http://www.cincinnatichildrens.org/education/clinical/specialty/sub-res/beh-med/curriculum/training/
BSM
Clinic: http://www.cincinnatichildrens.org/service/s/sleep/services/behavioral-clinic/
Sleep Disorders Center: https://www.cincinnatichildrens.org/service/s/sleep/default/
CCHMC: http://www.cincinnatichildrens.org/default/
Cleveland Clinic Foundation Health Psychology
Department of Psychology
Behavioral Sleep Medicine Rotation
9500 Euclid Ave/FA20, Cleveland, OH 44195
Phone: (216) 445-9251
Email: drerupm@ccf.org
Type of Program: Post-doctoral fellowship
Program Director: Michelle Drerup, PsyD, DBSM

Johns Hopkins University
Behavioral Sleep Medicine Postdoctoral Fellowship
5510 Nathan Shock Dr, Behavioral Biology Bldg, Suite 100 |
Baltimore, MD 21224
Program Director: Michael T. Smith, PhD
Phone: (410) 550-7000 | Fax: (410) 550-0117
Email: msmith62@jhmi.edu
Website: www.sleeplessinbaltimore.com

National Chengchi University
Department of Psychology
No. 64, Sec. 2, Zhinan Rd, Wenshan District, Taipei City
11605 Taiwan
Program Director: Chien-Ming Yang PhD
Assistant: Ya-Chuan Huang
Email: yachuanh@gmail.com
Phone: 886-2-29393091 x 62412
Cell: 886-9-78510753
Telephone: 886-2-29393091 x 62412
Email: yangcm.email@gmail.com; yangcm@nccu.edu.tw
Type of Program: Masters, Pre-doctoral or Doctoral Training Program

Northwestern University Feinberg School of Medicine
Abbott Hall, 5th Floor, 710 N Lake Shore Dr | Chicago, IL 60611
Program Director: Jason Ong, PhD
Phone: 312-942-0566 | Fax: 312-503-5679
Email: jason.ong@northwestern.edu
Website: http://www.feinberg.northwestern.edu/sleep/

Penn State Health Milton S. Hershey Medical Center
Penn State College of Medicine  
Sleep Research & Treatment Center  
Department Affiliation: Psychiatry & Behavioral Health  
Program Director: Julio Fernandez-Mendoza, PhD, CBSM, DBSM  
Correspondence Address: 500 University Dr. H073 C5644C  
Hershey, PA 17603  
Telephone: 717-531-6385  
Fax: 717-531-6491  
Email: jfmendoza@psu.edu  
Program Web Address: a BSM one not available yet  
Psychology internship Web Address:  
https://hmc.pennstatehealth.org/psychiatry/psychology-internship)  
Sleep Center Web Address: https://hmc.pennstatehealth.org/display-location/-/location/24/penn-state-sleep-research-and-treatment-center  
Additional Contact Person: Susan Calhoun, PhD, ABPP  
Position: co-Director Contact Information:  
Telephone: 717-531-3806  
Email: scalhoun@psu.edu  
Additional Contact Person: Kristin Hollis  
Position: Administrative Assistant Contact Information:  
Telephone: 717-531-4120  
Email: khollis1@pennstatehealth.psu.edu  
Type of Program: Pre-doctoral or Doctoral or Post-doctoral Training Program  
Ages: Pediatric (<18) and Adults

Stanford University School of Medicine  
Sleep Health and Insomnia Program  
Department of Psychiatry and Behavioral Sciences  
401 Quarry Rd. | Stanford, CA 94305  
Program Director: Norah Simpson, PhD CBSM  
Phone: 650-723-2732  
Email: nsimpson@stanford.edu  
Website: http://insomnia.stanford.edu/

Stanford University School of Medicine  
Insomnia and Behavioral Sleep Medicine Program  
Center for Sleep Sciences and Medicine  
450 Broadway St., Pavilion B | Redwood City, CA 94063
The University of Utah
Family & Preventative Medicine; Psychiatry
Program Director: Kelly Glazer Baron, PhD, MPH, DBSM
375 Chipeta Way, Suite A200
Salt Lake City, UT 84108
Telephone: (801) 585-2016
Fax: (801) 587-3353
Email: kelly.baron@utah.edu
Web Address: https://medicine.utah.edu/internalmedicine/pulmonary/research-programs/sleep-wake-center
Additional Contact Person
Krishna Sundar, MD
Laura Czajkowski, PhD
Type of Program: Doctoral/Pre-doctoral Internship/Residency; Postdoctoral Pediatrics and Adults

University of Alabama
Department of Psychology
Program Director: Heather E. Gunn, PhD
Department of Psychology
The University of Alabama
Box 870348
Tuscaloosa, AL 35487-0348
Telephone: (205) 348-5083
Fax: (205) 348-8648
Email: hegunn@ua.edu
Additional Contact Person: Matthew Cribbet, PhD
Assistant Professor
Email: mrcribbet@ua.edu
Type of Program: Doctoral or Pre-doctoral Internship/Residency Pediatrics and Adults

University of Arizona
Department Affiliation: Psychiatry
Program Direction: Michael A. Grandner PhD MTR CBSM DBSM FAASM FAHA
Correspondence Address: Behavioral Sleep Medicine Program
Department of Psychiatry
1501 N Campbell Ave
PO Box 245002
Tucson, AZ 85724-5002
Phone: 520-626-6346
Email: sleephealth@psychiatry.arizona.edu
Website: http://sleephealthresearch.com
Type of Program: Pre-doctoral or Doctoral or Post-doctoral Training Program
Ages: Adults

University of Alabama at Birmingham
Department: Department of Psychiatry
Program Director: S. Justin Thomas, PhD
SC 1010
1720 2nd Avenue South, Birmingham, AL 35294-0017
Telephone: (205) 934-3367
Email: sjthoma@uabmc.edu
Administrative Assistance: Karen Keeton
Email: kkeeton@uabmc.edu
Phone: (205) 996-6425
Type of Program: Doctoral and Post-doctoral fellowship, Pediatrics and Adults

University of Arizona
Department Affiliation: Psychology
Program Director: Daniel J. Taylor, PhD
Correspondence Address: 1503 E. University Blvd.
Tucson, AZ 85721
Room 252
Telephone: (520) 621-7447
Email: DanielJTaylor@email.arizona.edu
Program Web Address: https://insomnia.arizona.edu
Additional Contact Person: Michael Grandner, PhD.
Position: Associate Professor
Department of Psychiatry
College of Medicine
Contact Information: (520) 626-6346
Additional Contact Person: Sophia Wardle Pinkston, B.S.
Position: Graduate Student
University of Arizona
Contact Information: swpinkston@email.arizona.edu
Type of Program: Doctoral and Post-doctoral fellowship, Pediatrics and Adults

University of Pennsylvania (UPENN)/Children’s Hospital of Philadelphia (CHOP)/Philadelphia VA Medical Center (PVAMC)
Penn Sleep Centers
Program Director: Philip Gehrman, PhD, CBSM and Jodi A. Mindell, PhD, CBSM
University of Pennsylvania
3535 Market Street Suite 670
Philadelphia, PA 19104
Telephone: (215) 746-3578
Fax: (215) 573-0509
Email: gehrman@penn.edu
mindell@email.drop.edu
Type of Program: Practicum, Pre-doctoral Internship & Post-Doctoral Programs Pediatrics and Adults

University of Michigan
University of Michigan Sleep Disorders Center
1500 East Medical Center Drive | Med Inn C728 | Ann Arbor, MI 48109-5845
Program Directors: J. Todd Arnedt, PhD & Deirdre A. Conroy, PhD
Phone: 734-764-1234 | Fax: 734-764-1229
Email: tarnedt@med.umich.edu

University of Pittsburgh/Western Psychiatric Institute and Clinic
Department of Psychiatry
Brant P. Hasler, PhD, DBSM
3811 O’Hara Street, RM E-1121 Pittsburgh, PA 15213
Telephone: (412) 264-6674
Email: haslerbp@upmc.edu
Administrative Assistance: Linda Willrich
Email: willrichl@upmc.edu
Durham Veterans’ Administration Medical Center
Behavioral Sleep Medicine sub-specialty
Primary Care Mental Health Integration/Behavioral Medicine Psychology Postdoctoral Fellowship program
Program Director: Melanie Leggett, PhD, DBSM
Correspondence Address: Behavioral Sleep Medicine Clinic (2D)
Telephone: 919-286-0411 x 7025
Email: melanie.leggett@va.gov
Web Address:
Additional Contact Person: Christi Ulmer, PhD, DBSM
Email: christi.ulmer@va.gov
Type of Program: Postdoctoral

Wilford Hall Medical Center
59 MHS/SGOWN | Lackland Air Force Base
San Antonio, TX 78236-5000
Program Director: Lt Col. Robert J. Vanecek, Ph D
Clinical Health Psychologist
Phone: 210-292-5968
Email: robert.j.vanecek2.mil@mail.mil

Contact the SBSM national office for more information about accredited behavioral sleep medicine training programs

Email: kathryn@behaviorsleep.org
Phone: 859-312-8880.