About the Training Program

Institution Name: The Clinic
Department Affiliation: Behavioral Medicine
Levels of BSM training program available at your institution: PhD PsyD Post Doc
Brief summary of BSM training offered: Adults Pediatrics All ages and Veterans
What differentiates your BSM training program? We only accept 1-2 postdocs each year and offer a combination of didactive and experiential training. We have 6 sleep specialists in our group as well as an ongoing consultation group with neurologist, pulmonologist and other sleep specialists.
Training program Website: www.theclinicca.org

Educational Focus of Program
Core Areas: Theories and differential diagnosis and treatment of insomnia and comparable pediatric sleep disorders; treatment Assessment and treatment of Obstructive sleep apnea, central apnea, and sleep-related hypoventilation; PAP compliance Periodic limb movement disorder and restless legs syndrome Normal sleep physiology; changes with aging, measurement and monitoring of sleep
Other Areas: Chronobiology/circadian rhythm disorders Parasomnias Pharmacology of sleep Differential diagnosis and measurement of excessive daytime sleepiness Sleep in psychiatric disorders/Psychometric evaluation of sleep disorders patients Classification of sleep disorders Narcolepsy

About Program Director
Director's Name: Britney Blair
Director's Email: drblair@theclinicca.org
Director's Phone: 4158431523

About Staff Contact
Staff Contact Name: Britney Blair
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**About the Training Program**

Institution Name: University of Missouri  
Department Affiliation: Psychiatry  
Levels of BSM training program available at your institution: Graduate PhD Post Doc  
Brief summary of BSM training offered: Adults Pediatrics All ages Veterans  
What differentiates your BSM training program? focus on comorbid chronic insomnia across the lifespan; focus on neural & inflammatory mechanisms;  
Training program Website:

**Educational Focus of Program**

Core Areas: Theories and differential diagnosis and treatment of insomnia and comparable pediatric sleep disorders; treatment Normal sleep physiology; changes with aging, measurement and monitoring of sleep

**About Program Director**

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