

August 31, 2021

Dear SBSM Fellow Selection Committee

It is my pleasure to write a letter of recommendation on behalf of Dr. Christina McCrae's candidacy for the SBSM Fellow Status. I served with Dr. McCrae on the SBSM Executive Council for the past two years after she was selected for president-elect the second time. Her contributions to the SBSM and to sleep research and training have been significant, from being one of five founding members of the SBSM to her accomplishments during her second term as president. Her curriculum vitae is quite impressive, and I cannot think of a more deserving member for the initial selection of Fellows.

Dr. McCrae has over 150 published articles, chapters, book reviews, and invited commentaries during her distinguished career. She has extensive clinical and teaching experience and has written and mentored for numerous grants. There is likely no behavioral sleep medicine professional who has not studied her work or been impacted by her service both nationally and internationally. She served as director of MizZou Sleep Research Lab for the past six years, and has served on numerous committees, task forces, and the executive boards for both the American Board of Sleep Medicine and the Society of Behavioral Sleep Medicine.

In fact, she has contributed so much to the field of Behavioral Sleep Medicine that reviewing her vitae and trying to distill its essence was a daunting task. She is known and well-regarded by nearly everyone in the field. Her leadership in the SBSM over my association with her was inspiring. Her contributions world-wide to Behavioral Sleep Medicine is one of the reasons we elected as a Board of Directors to create the Fellow status.

In summary, if Dr. McCrae doesn't qualify for Fellow status, then likely no one else will. She has been and continues to be one of the most significant professionals in our sleep community, shaping the research, dissemination, and clinical practice of the field. It would be a colossal mistake to overlook her candidacy for Fellow of the SBSM.

Sincerely,



Richard A. Blackburn, PhD, DBSM, CBSM