

August 30, 2021

Kathryn Hansen, R. EEG T., CPC, BS
Executive Director
Society of Behavioral Sleep Medicine

Dear Ms. Hansen and Fellow committee,

It is my privilege to nominate Dr. Michael Nadorff for fellow status within the Society of Behavioral Sleep Medicine. Dr. Nadorff has notable contributions to our organization, the field, and psychology broadly and I believe he is deserving of this honor.

Dr. Nadorff has been a continuous member (to the best of his knowledge) of the Society of Behavioral Sleep Medicine since 2010, and he and his lab have been very involved in our organization. He began on the Web and Communications Committee in 2016, won the Art Spielman Early Career Distinguished Achievement Award in 2017, and then joined our board of directors in 2019. In addition to his service, he has encouraged his students to become active in our society, with two of them serving as the student representative to the board of directors (Katrina Speed and Courtney Bolstad).

Turning to his scholarship, Dr. Nadorff is an internationally-recognized scholar in our field, particularly in the study of nightmares. His paper on nightmares and suicidal ideation amongst college students, which was published in *SLEEP*, has been cited over 250 times and he has presented both nationally and internationally on this topic. For instance, he has been an invited presenter at the New Perspectives on Nightmare Treatment symposium in Hanover, Germany in 2016 and was an invited presenter at the International Association for the Study of Dreams meeting this year. He has also been featured for his work on nightmares in prominent news stories, most notably a segment on COVID-19 dreams that aired on CBS Sunday Morning.

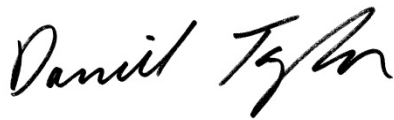
Overall, Dr. Nadorff has more than 75 peer-reviewed publications in his career, many of which are on topics related to behavioral sleep medicine. Additionally, his work has been funded by NIMH, SAMHSA, CDC, and the state of Mississippi. Perhaps unsurprisingly since his work spans several fields, he has demonstrated broad leadership in the field not only in sleep but also in related areas. For instance, he chaired the 50th annual meeting of the American Association of Suicidology and is on the editorial board of *Suicide and Life-Threatening Behavior*, *Bulletin of the Menninger Clinic*, *International Journal of Aging and Human Development*, *Clinical Gerontologist*, and the *Journal of Clinical and Consulting Psychology*. He also currently is serving as a reviewer for the DoD PRMRP grant program on the Sleep Disorders and Restrictions panel.

Last, but not least, it is worth discussing Dr. Nadorff's commitment and involvement in training future psychologists, as this is a key part of his impact on the field. Dr. Nadorff took on leading the clinical psychology PhD program at Mississippi State in its inaugural year, 2014, and only his third year on faculty. Since then he has developed the program into a fully APA-accredited

program and also aided the student counseling center at MSU to develop an APA-accredited psychology internship, the only accredited counseling center internship in the state. Every year Dr. Nadorff presents on Behavioral Sleep Medicine to the psychology interns at the counseling center and also continuously runs a Behavioral Sleep Medicine practice in his training clinic to afford all of his students in training in BSM. It is due to this that many students not only from his lab, but also from other labs (e.g., Dr. Melanie Stearns, current post-doctoral fellow for Dr. McCrae) have entered the field. He has recently joined the board of directors of Council of University Directors of Clinical Psychology, which is an organization made up of the training directors of all of the clinical psychology PhD programs in the U.S., demonstrating Dr. Nadorff's reputation broadly to the training and mentoring of future psychologists, many of whom he guides into our field.

Thus, I believe Dr. Nadorff has established an international reputation in our field and has shown excellence in service, mentorship, and scholarship that makes him worthy to be considered for fellow status in our organization. I strongly support him receiving such recognition.

Sincerely,

A handwritten signature in black ink that reads "Daniel Taylor". The signature is written in a cursive style with a large, stylized 'T'.

Daniel J. Taylor, Ph.D.
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